THE MUSIC SETTLEMENT IDEA COMMITTEE



WOMEN'S HISTORY MONTH

The Music Settlement

MARCH 2022

WOMEN'S HISTORY MONTH 2022 TUESDAY, MARCH 1-THURSDAY, MARCH 31, 2022.

2022 Theme: Women Providing Healing, Promoting Hope

The theme for 2022 is "both a tribute to the ceaseless work of caregivers and frontline workers during this ongoing pandemic and also a recognition of the thousands of ways that women of all cultures have provided both healing and hope throughout history."

Women's History Month is a celebration of women's contributions to history, culture and society and has been observed annually in the month of March in the United States since 1987.

Women's History Month is a dedicated month to reflect on the often-overlooked contributions of women to United States history. From Abigail Adams to Susan B. Anthony, Sojourner Truth to Rosa Parks, the timeline of women's history milestones stretches back to the founding of the United States.

National Women's History Month traces its roots to March 8, 1857, when women from various New York City factories staged a protest over poor working conditions. The first Women's Day celebration in the United States was in 1909, also in New York City.

The actual celebration of <u>Women's History Month</u> grew out of a weeklong celebration of women's contributions to culture, history and society organized by the school district of Sonoma, <u>California</u>, in 1978. Presentations were given at dozens of schools, hundreds of students participated in a "Real Woman" essay contest and a parade was held in downtown Santa Rosa.



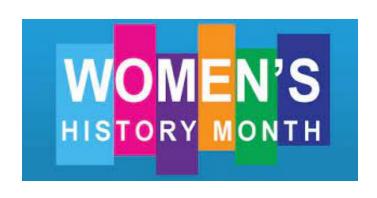
DID YOU KNOW?...

In 1980, President Jimmy Carter issued the first presidential proclamation declaring the week of March 8 as National Women's History Week. ... Six years later, the National Women's History Project successfully petitioned Congress to expand the event to the entire month of March.



From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength and love of the women who built America was as vital as that of the men whose names we know so well.

President Jimmy Carter's Message designating March 2-8, 1980 as National Women's History Week



INTERNATIONAL WOMEN'S DAY

- International Women's Day, a global celebration of the economic, political and social achievements of women, took place for the first time on March 8, 1911. Many countries around the world celebrate the holiday with demonstrations, educational initiatives and customs such as presenting women with gifts and flowers.
- The <u>United Nations</u> has sponsored International Women's Day since 1975. When adopting its resolution on the observance of International Women's Day, the United Nations General Assembly cited the following reasons: "To recognize the fact that securing peace and social progress and the full enjoyment of human rights and fundamental freedoms require the active participation, equality and development of women; and to acknowledge the contribution of women to the strengthening of international peace and security."
- READ MORE: The Surprising History of International Women's Day



Purple, green and white are the colors of International Women's Day. Purple signifies justice and dignity. Green symbolizes hope. White represents purity, albeit a controversial concept.

FEMALE ASTRONAUTS WHO PIONEERED SPACEFLIGHT



Sally Ride

Sally Ride was the first American woman to fly in space. In 1978, she finished her Ph.D. in physics at Stanford University and simultaneously was selected as an astronaut candidate by NASA. Then, after five years of training, she finally flew on Space Shuttle Challenger in 1983. Her flight came just less than a year after Svetlana Savitskaya became the second woman to fly to space. Ride flew on Challenger again in 1984.

After the Challenger disaster in 1986, Ride served on the team that investigated the cause of the explosion. She was also involved in the investigation of Space Shuttle Columbia's crash. Ride was a major driving force in motivating young women to pursue science, and she devoted the final years of her career to the cause. Ride <u>died of pancreatic cancer in 2012</u>.



Christa McAuliffe

Christa McAuliffe, a New Hampshire high school social studies teacher, died tragically in the Space Shuttle Challenger disaster in 1986. But although McAuliffe never reached space, her legacy still lives on today. In 1985, McAuliffe was chosen by NASA for their Teacher in Space Project. She was selected as a way for the space agency to honor teachers while simultaneously encouraging students to go into STEM careers.

Once McAullife reached orbit, the plan was to have her teach lessons to school kids around the country. Instead, the first teacher in space, alongside her six fellow astronauts, died when Space Shuttle Challenger exploded moments after leaving the launchpad.



Mae Jemison

Mae Jemison, born in Decatur, Alabama, in 1956 was the first African American woman in space. Jemison excelled from an early age. She went to college at just 16 years old, earning an engineering degree from Stanford University. She then went on to Cornell University, earning a doctorate in medicine in 1981. Afterward, Jemison interned at the Los Angeles County Medical Center before joining the Peace Corps to serve as a doctor in Africa.

WAYS TO CELEBRATE ...

Ideas & Activities to Show Gratitude for Historic Women

- https://growensemble.com/how-to-celebrate-womens-history-month/
- Support Female Entrepreneurs. ...
- Read Books By Female Authors....
- Listen to Podcasts....
- Get to Know Women in Politics....
- Brush Up on Current Issues & Take Action. ...
- Celebrate Ruth Bader Ginsburg....
- Support a Women's Nonprofit Organization.

Write a Thank You Note

One of the simplest ways to celebrate women's history month is to thank the women in your life who have inspired you. Whether it's a homemade card sent to gal pals living a few states over or a love note for the lady across the street, celebrating the women in your life who have helped you become who you are is a wonderful way to celebrate the month. Men and women alike—most of us have some women to thank!



- <u>Click here</u> to download the NWHM 2021 *Women's* History Month Resource Toolkit, filled with links to biographies, events, and programming to celebrate this important month.
- During this time, we encourage you to take time with your team to reflect on and celebrate the achievements of amazing women throughout history. Women's History Month is also a time to recognize gender-based inequities that still exist today. Finally, this is an occasion to work toward progress and help your team deepen their understanding of women's history and women's rights.



MEDIA

Books

- Bad Feminist, by Roxane Gay
- Brown Girl Dreaming, by Jacqueline Woodson
- March Forward, Girl, by Melba Patillo Beals
- I Am Not Your Perfect Mexican Daughter, by Erika L. Sanchez
- Hard Choices, by Hillary Clinton
- She Persisted, by Chelsea Clinton
- Love Hate and Other Filters, by Samira Ahmed
- My Beloved World, by Sonia Sotomayor
- My Own Words, by Ruth Bader Ginsburg
- Hidden Figures, by Margot Lee Shetterly
- Radium Girls by, Kate Moore
- The Radical Element, by Jessica Spotswood (and others)
- Meet Cute, by Nicola Yoon, Nina Lacour, and other authors.
- Diary of Anne Frank, by Anne Frank
- Shrill, by Lindy West
- The Hate U Give, by Angie Thomas
- We Should All Be Feminists, by Chimamanda Ngozi Adichie
- Option B, by Sheryl Sandberg
- The Immortal Life of Henrietta Lacks, by Rebecca Skloot
- Speaking Truth to Power, by Anita Hill
- Piecing Me Together, by Renee Watson
- Children of Blood and Bone, by Tomi Adeyemi
- Little Women, by Louisa May Alcott
- The Scarlett Letter, by Nathaniel Hawthorne
- Dread Nation, by Justina Ireland

Videos

- Hidden Figures
- Ma Rainey's Black Bottom
- The United States vs. Billie Holiday
- Patsy Mink: Ahead of the Majority
- Miss Americana
- I am Greta
- Queen of Katwe
- Self Made
- On the Basis of Sex
- Radium Girls
- Kuma Hina





THANK YOU.

IDEA Committee