As we warm up in March, hopefully we see more rain than snow as Spring approaches. The book recommendation this month is Little Raindrop, published by Igloo Books. This book answers the question, “where does rain come from?” We see the raindrop travel through its life cycle in this delightful STEM tale.

Squish, squelch, spin, splash, squeeze, bang, run, scoop, shake, drop, smear, toss, spray, and ooze - Young children experience their world through their 5 senses. Our sensory system isn't fully developed at birth. Sound, smell, taste, touch and sight mature over time. Art is the perfect medium to stimulate a child's sensory development. Each new experience they have with a different sense builds nerve connections that grow the architecture of the brain and benefits social emotional development.

Here is a poem for the letter ‘R’.

The Rooster Rakes around the Rock
The Racoon Runs from the Rhino
The Robot Rides the Rocketship
Over, the Rainbow

March celebrates National Reading Month - Read Across America and celebrates Women’s History Month, a time to reflect on the achievements and everyday heroics of women. Reading Is Fundamental is the leading voice for children’s literacy- plenty of family resources and daily book bits. They address the alarming literacy crisis in America today through strong leadership, quality content, and an active and engaged community. Check it out! Join a reading challenge, try some new titles.

A special ritual between parent and child is a wonderful way to make a connection with your child. We call these an I Love You Ritual. You may already be doing it and not realize it. A special handshake or way you greet your child each time you see them, a sing-song response like "see you later, alligator", or an event that you only share with that child are all examples of an I Love You Ritual. It’s a time with your child that is only shared between you. All the grownups in the child’s life should have an I Love You Ritual that they share with them.

Reminder to register for Summer Camps!